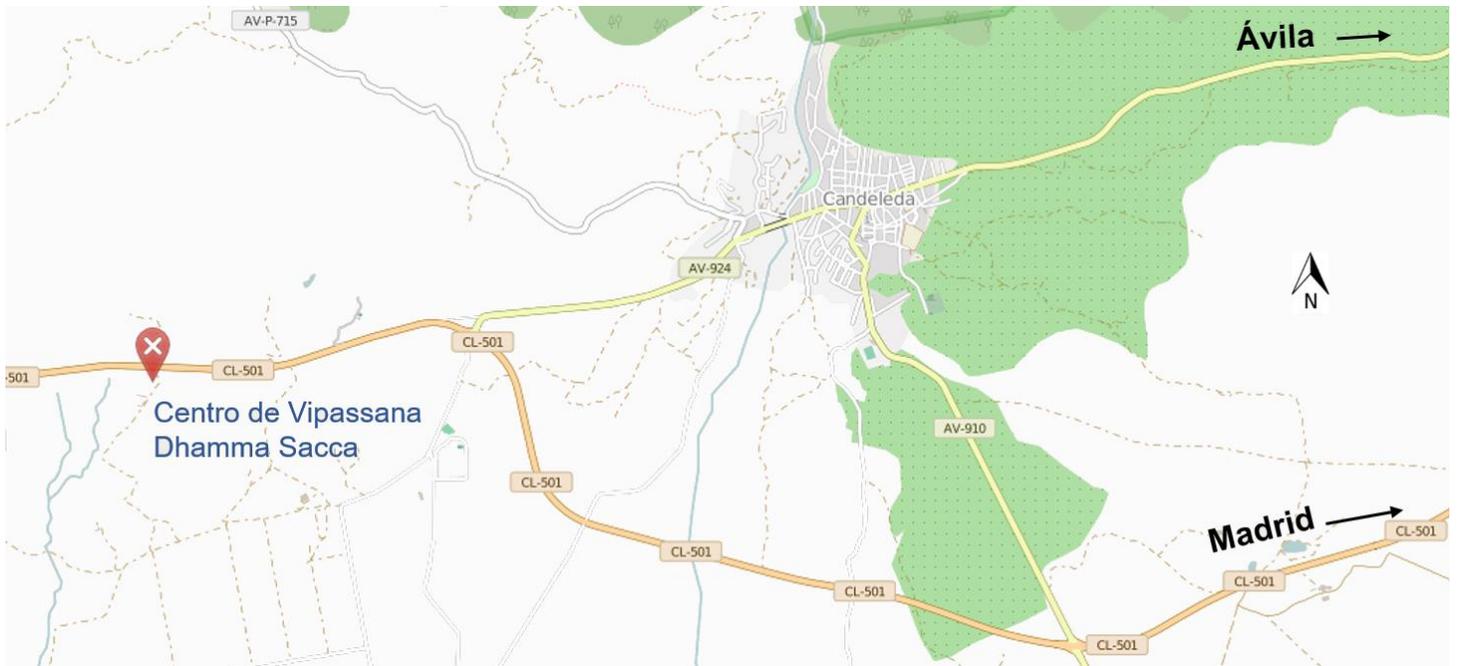


# Travelling to Dhamma Sacca



Dhamma Sacca it is on CL-501 Km. 85,6 05480 Candeleda, Ávila



Gredo's view from Dhamma Sacca



Dhamma Sacca female dormitories



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### Google Maps

Click [here](#) to view a Google map showing the [Centre](#).

### Rideshare

Click [here](#) if you would like to share a lift to Dhamma Sacca

### Useful Links

#### Coaches

[Alsa](#)  
[Eurolines](#)  
[Avanza](#)

#### Trains

[Ave](#)  
[Eurail](#)  
[Cercanías](#)  
[Renfe](#)

#### Airport

[Barajas](#)  
[Barcelona El -Plat](#)

[Lisboa Portela](#)

#### Local Buses

[Samar](#)  
[Doaldi](#)  
[Ávila - Candeleda](#)  
[Madrid - Ávila](#)

#### Taxis

[Radio Taxi Madrid](#)  
Tel. 0034-915478200  
[Radio Taxi Ávila](#)  
[Candeleda](#)  
[Arenas de San Pedro](#)

## Arrival and Departure Information

All students should arrive at the center between 14:00 and 17:00 on the day the course starts. Once registration of the students is complete, a light meal will be served and an orientation talk will be given before the start of the course. The course will end at approximately 07:30 on the morning of the last day of the course. Both new and old students must remain at the center until the end of the course. Part-time old students are not allowed to leave the center on the day of Metta, the tenth day must be completed, except in case of emergency or by previous agreement with the assistant teachers.

All routes to the center pass through Candeleda, the nearest town, which is 3.8 km from the center. The distances to the center from different places are the following: from Arenas de San Pedro (44.3 km), from Ávila (106 km), from Madrid (167 km) and from Lisbon (547 km). The Vipassana Committee can organize transportation from Candeleda to the center on the day each course starts and ends. It is also possible to take a bus or taxi, or to walk from Candeleda (see details below).

## Travelling to Dhamma Sacca from within Spain

### By car

1. **Routes from Madrid:** by way of the CL-501 motorway, 2 hrs 5 min without traffic, continue on the M-40, M-501 to Calle José Zorilla Candeleda. Route by way of the A-5 (this route has tolls), take the A-42, continue on the R-5 and A-5 to CM-5150 in Castilla-La Mancha. Get off at exit 148 from the A-5. Continue on CM-5150 and AV-910 to Calle Barranca in Candeleda.
2. **From Ávila** by way of the N-502, take the N-403, continue on the N-502 to carr. de las Cuevas del Águila/AV-P 708, take the CL-501 and the AV-910 to Calle Barranca in Candeleda. Other options are the N-403 and CL-501 or the AV-110 and N-502.
3. **From Barcelona** by way of the A-2 motorway, take the B-10 of Via Laietana, Passeig de Colom and Passeig de Josep Carner, take the A-2, A-22, A-23, E-90/A-2 and A-5 to the CM-5150 in Castilla-La Mancha. Get off at exit 148 of the A-5 and continue on the CM-5150 and AV-910 to the Calle Barranca in Candeleda.

### By bus or train

1. There is regular bus service to Candeleda. Buses from Madrid leave frequently, although from Ávila bus service is not very frequent. There are trains from Madrid to Avila and other places, but no trains arrive in Candeleda. The only public transportation service from Madrid to Candeleda is by bus.
2. The Center doesn't offer any extra bus service.  
In Madrid, buses to Candeleda leave from the Estación Sur.  
In practical terms, travelling to Candeleda by public transportation is easiest from Madrid.  
Information about buses, trains and other connections to reach Candeleda, Ávila or Arenas de San Pedro, the nearest towns to the Center, will be available in the site **Local Buses** above.

### **By taxi**

1. Short and long distance taxi service exists to reach Dhamma Sacca. For the moment, the Center hasn't made any agreements with taxi companies to offer special rates. See links for taxis.

## **Arriving to Dhamma Sacca from outside Spain**

### **By plane**

1. Madrid Barajas is the closest and most appropriate airport to get to Dhamma Sacca. Low-cost airline service exists to the airport.  
Other airports are further away and involve greater cost to reach the Center.  
There is regular local train, metro and bus service from the Madrid Barajas airport to the center of the city of Madrid.

### **Other airports in Spain:**

There are four main airports in Spain:

[Barajas Airport](#)

[Barcelona El Prat](#)

[Málaga-Costa del Sol](#)

[Alicante- Elche](#)

### **By car**

1. From Lisbon (Portugal), take the A2, then the A6 and A-5 to N-Va in Castilla-La Mancha, Spain. Get off at exit 148 of the A-5 motorway. There are tolls and national borders on this route.

2. If you are using a GPS or a SatNav, the best code to use to arrive near the center is: Latitude: 40.1703728, and Longitude: -5.2865887  
The Center has sufficient space for parking.  
(Click here to see all the routes on google map)

## By bus/train

### 1. Alsa, Lisbon-Madrid bus

In Lisbon, two bus stations offer international service; the bus company Alsa provides bus service to Spain. See the links for times and prices:

[Bus station Sete Rios](#)

[Bus station Oriente](#)

### 2. Long distance train – Trenhotel Lusitania

The [Trenhotel Lusitania](#), which connects the capital of Spain with Lisbon, is one of Renfe's nocturnal long-distance train services, which allows the traveller to journey between two cities by night in a comfortable way and thus make the most of the day.

## Return trip

It is sometimes possible to share a ride by car with other students.

For more information, lists with offers and requests for shared rides will be available for students to fill out at the end of the course.

There is regular public transportation from Monday to Friday. Service on Saturdays and Sundays is infrequent and not regular, primarily to the towns nearest the Center.

Check beforehand the timetable for public transportation on weekends and public holidays.

## Contact

The telephone number for contacting Dhamma Sacca is: + 34 695 900 531

If you have any doubts about how to get to Dhamma Sacca, please send an e-mail to: [info@es.dhamma.org](mailto:info@es.dhamma.org)